WEEK COMMENCING

(V) - VEGETARIAN (VE) - VEGAN

06/01/2025 27/01/2025 17/02/2025 10/03/2025 31/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Lemon & Herb Piri Piri Chicken with Spicy Rice

TUESDAY

Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread

WEDNESDAY

Honey Glazed Roast Gammon, Crisp Roasties, Seasonal Vegetables & House Gravv

THURSDAY

Creamy Chicken Korma with Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Piri Piri Quorn, Macho Peas and Spicy Rice (VE)

TUESDAY

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread

WEDNESDAY

Roasted Squash & Feta Pie, Seasonal Vegetables or Salad (V)

THURSDAY

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetable (V)

FRIDAY

Crispy Onion Pakora Burger with Mango Chutney & Garden Peas (VE)







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Buffalo Cauliflower Wings on Salt & Pepper Wedges (VE)

Chicken Yakitori with Rice

Loaded Potato Skins

Garlic & Lemon Chicken Gyros

MONDAY

Pakistani Tarka

Dhal

(VE)

TUESDAY

(VE)

Vegan Singapore Noodles

Vegan Ramen Bowl

(VE)

WEDNESDAY

The Big Plant Burger (VE)

THURSDAY

Garlic & Chilli Noodles

(VE)

FRIDAY

DESSERTS

MONDAY

Syrup Sponge with Vanilla

sauce

TUESDAY

Apple Strudel &

Custard

WEDNESDAY

Chocolate

Sponge &

Chocolate Sauce

THURSDAY

Pear & Cocoa Sponge

Fruit, Jelly & Yoghurt Pots

FRIDAY

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily**

JACKET POTATOES Topped with a Choice of: Cheese, **Tuna or Beans Available Daily**

TRATTORIA 3





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Tomato & Basil Pasta

Pasta in a Cheese Sauce

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza Tomato & Basil Pasta

Margherita Pizza





WEEK COMMENCING

(V) - VEGETARIAN (VE) - VEGAN

13/01/2025 03/02/2025 24/02/2025 17/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Traditional Sausage & Mash with Onion Gravy

TUESDAY

Creamy Garlic Chicken & Mushroom Pasta with Garden salad

WEDNESDAY

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

THURSDAY

Terriyaki Beef & Carrot Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Vegan Sausage & Mash with Onion Gravy (VE)

TUESDAY

No Waste Cauliflower Cheese Pasta Bake (V)

WEDNESDAY

Cheese, Leek and Potato Pie (V)

THURSDAY

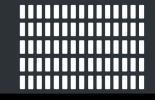
Chinese Vegetable Stir-Fry (VE)

FRIDAY

Quorn 1/4 lb Burger with Ranch Slaw, Chips & Peas (V)









MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Terriyaki Chicken Wings with Chahan Rice

Korean Fried Crispy Chicken Chipotle Chicken Chimichanga

WEDNESDAY

(VE)

Mei Goreng Indonesian Fried Noodles



MONDAY

Reggae Reggae

Jackfruit Curry

(VE)

TUESDAY

Noodles

(VE)

Vegan Singapore

Jerk Jackfruit Open Wrap

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Garlie & Chilli Noodles (VE)

DESSERTS

MONDAY **TUESDAY**

Apple Pie &

Custard

Peach & Pineapple Crumble

WEDNESDAY

Sticky Lemon Sponge & Custard

THURSDAY

Baked Churros with Chocolate Sauce

Fruit, Jelly & yoghurt Pots

FRIDAY

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily**

JACKET POTATOES Topped with a Choice of: Cheese, **Tuna or Beans Available Daily**

TRATTORIA





MONDAY

TUESDAY

WEDNESDAY

THURSDAY FRIDAY

Tomato & Basil Pasta

Creamy Pesto Pasta

Mozzarella & Tomato or Pepperoni, Cheese &

Tomato Pizza

Pasta in Cheese Sauce

Margherita Pizza





WEEK COMMENCING

(V) - VEGETARIAN (VE) - VEGAN

20/01/2025 10/02/2025 03/03/2025 24/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

TUESDAY

Beef & Tomato Ragout with Wholegrain Pasta & House Salad

WEDNESDAY

Roast Shoulder of Pork, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Makhani Curry with Pilau Rice

FRIDAY

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

MONDAY

Asian Vegetable. Soya Bean & Noodle Stir Fry (VE)

TUESDAY

Plant Based Bolognaise with Wholegrain Pasta & House Salad (VE)

WEDNESDAY

Smashed Butternut Squash Mac and Cheese with Slaw and Garden Salad (V)

THURSDAY

Egg Plant Katsu Curry (V)

FRIDAY

Chickpea, Carrot & Sesame Burger, Asian Slaw, Chips & Peas (V)









MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Loaded Mediterranean Street Cart

Wedges

Chicken Yakatori with Vegetable Rice

Korean Fried Crispy Chicken

Chinese Style Vegan Noodle (VE)

MONDAY

Fork Friendly Falafel Kebab (\vee)

TUESDAY

Vegan Singapore Noodles (\vee)

WEDNESDAY

Spiced Paneer & Red Onion Naan (\vee)

THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (VE)

Garlic & Chilli Noodles (VE)

FRIDAY

DESSERTS

MONDAY

Banana Pudding and Custard

TUESDAY

Warm Blueberry

Sponge

WEDNESDAY

Sticky Toffee

Pudding with

Caramel Sauce

THURSDAY

Apple & Mixed Berry Crumble with Vanilla

Fruit, Jelly & **Yoghurt Pots**

FRIDAY

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily**

JACKET POTATOES Topped with a Choice of: Cheese, **Tuna or Beans Available Daily**

TRATTORIA 3





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Tomato & Basil Pasta

Creamy Pesto Pasta

Mozzarella & Tomato or Pepperoni Cheese & Tomato Pizza Pasta in Cheese Sauce

Margherita Pizza

