

WEEK COMMENCING

06/01/2025 27/01/2025 17/02/2025 10/03/2025 31/03/2025

BREAK & LUNCH TIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

POWER BITES

Jollof Rice
R08965French Bread Pizza
R08804Pasta with Cheese Sauce
R08802Hoisin Noodles
R08835Cheese & Tomato Nacho
Melt
R09084

SOUP

Roasted Tomato & Basil
Soup
R02634Leek & Potato Soup
R09980Tuscan Bean Soup
R07525Carrot & Coriander Soup
R07735Carrot & Coriander Soup
R07735

OPEN HOT WRAP

Crispy Chicken Ranch
R10024BBQ Crispy Chicken
R10026Super Charged Chilli Quorn
Dipper
R10040Sweet Chilli Chicken
R10029BBQ Quorn Dipper
R10036

FIRM FAVOURITES

Margherita Twister and Ham
& Cheese Twister
R00104/R00102Chicken & Wedges
R07739Ham & Cheese Toastie
R01938Southern Fried Chicken
Burger
R07744Philly Hot Dog
R10030/R10033

NATURALLY HOT

Pakistani Tarka Dhal
R09083Vegan Singapore Noodles
R05732Vegan Ramen Bowl
R09071The Big Plant Burger
R06220Garlic & Chilli Noodles
R10027

PIZZA & WINGS

Margherita Pizza,
Ham, Cheese & Tomato
Pizza
R07564/ R07565/
R01929 / R01933Southern Style Chicken
Wings
R09078/R09099Margherita Pizza,
Pepperoni, Cheese &
Tomato Pizza
R07564/ R07566/ R01929 /
R01930BBQ Chicken Wings
R01967/R07576Margherita Pizza
R07564/R01929

PANINIS

Just Cheese
R09136/R09137Ham & cheese
R08152/R09148BBQ Bean
R5652/R09157Chicken Tikka
R09144/ R09146Pizza Melt
R09067/R09068

WEEK COMMENCING

06/01/2025 27/01/2025 17/02/2025 10/03/2025 31/03/2025

LUNCHTIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Lemon & Herb Piri Piri
Chicken with Spicy Rice
R10044

Classic Beef Lasagne,
Garden Salad &
Homemade Garlic Bread
R08954

Honey Glazed Gammon,
Crisp Roasties, Seasonal
Veg and Gravy
R08939

Creamy Chicken Korma
with Rice
R10017

Chip Shop "Fryday" Fish,
Pizza or Fishcake & Chips
with Peas and Tartare
Sauce.
R06316/R06317/R07677
/ R07674

MAIN COURSE VEGETARIAN

Piri Piri Quorn, Macho
Peas and Spicy Rice
R10041

Vegetable & Mixed Bean
Lasagne, Garden Salad &
Garlic Bread
R08957

Roasted Squash & Feta
Pie. Seasonal Veg or
Salad
R08962

Crunchy Topped
Macaroni Cheese, House
Salad or Seasonal Veg
R08968

Crispy Onion Pakora
Burger with Mango
Chutney & Garden Peas
R08900

DESSERT OF THE DAY

Syrup Sponge with
Vanilla Sauce
R05255

Apple Strudel & Custard
R08910

Chocolate Sponge &
Chocolate Sauce
R07484

Pear & Cocoa Sponge
R08902

Fruit, Jelly and Yogurt
Pots
Codes from Top 3 Lines
of Bakery Menu

STREET VIBES – LUNCH ONLY

Buffalo Cauliflower
Wings on Salt & Pepper
Wedges
R08072

Chicken Yakitori with
Rice
R08599

Loaded Potato Skins
R08606

Garlic & Lemon Chicken
Gyros
R08607

HOT PASTA POT – BREAK & LUNCH

Tomato & Basil Pasta Pot
R06279 / R06280

Pasta in Cheese sauce
R06286/R06287

Tomato & Basil Pasta Pot
R06279 / R06280

Creamy Pesto Pasta
R08997/ R08999

Tomato & Basil Pasta Pot
R06279 / R06280

WEEK COMMENCING

13/01/2025 03/02/2025 24/02/2025 17/03/2025

BREAK & LUNCH TIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

POWER BITES

Indian Spiced Mushroom
Rice
R08554

Cheesy Garlic Ciabatta
R08975

Tomato & Basil Pasta
R08881

Sweet Chilli Noodles
R08807

Cheese & Tomato Nacho
Melt
R09084

SOUP

Roasted Tomato & Basil
Soup
R02634

Roast Butternut & Ginger
Soup
R10028

Mexican Red Pepper &
Tomato Soup
R06178

Thai Style Squash &
Coconut Soup
R07529

Thai Style Squash &
Coconut Soup
R07529

OPEN HOT WRAP

Crispy Chicken Ranch
R10024

BBQ Crispy Chicken
R10026

Super Charged Chilli Quorn
Dipper
R10040

Sweet Chilli Chicken
R10029

BBQ Quorn Dipper
R10036

FIRM FAVOURITES

Margherita and BBQ
Southern Fried Chicken
Twister
R00104/R07747

Chicken & Wedges
R07739

BBQ Pepperoni Bagel Stack
R05740

Southern Fried Chicken
Burger
R07744

Tikka Burrito
R10031/R10034

NATURALLY HOT

Reggae Reggae Jackfruit
Curry
R09074

Vegan Singapore Noodles
R05732

Jerk Jackfruit Open Wrap
R09069

The Big Plant Burger
R06220

Garlic & Chilli Noodles
R10027

PIZZA & WINGS

Margherita Pizza,
Ham, Cheese & Tomato
Pizza
R07564/ R07565/
R01929 / R01933

Southern Style Chicken
Wings
R09078/R09099

Margherita Pizza,
Pepperoni, Cheese &
Tomato Pizza
R07564/ R07566/ R01929 /
R01930

BBQ Chicken Wings
R01967/R07576

Margherita Pizza
R07564/R01929

PANINIS

Just Cheese
R09136/R09137

Ham & cheese
R08152/R09148

BBQ Bean
R5652/R09157

Chicken Tikka
R09144/ R09146

Pizza Melt
R09067/R09068

WEEK COMMENCING

13/01/2025 03/02/2025 24/02/2025 17/03/2025

LUNCHTIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Traditional Sausage &
Mash with Onion Gravy
R08904

Creamy Garlic Chicken &
Mushroom Pasta, Garden
Salad
R08976

Roast Breast of Turkey ,
Crisp Roasties, Seasonal
Veg and House Gravy
R08937

Terriyaki Beef & Carrot
Rice
R10019

Chip Shop "Fryday" Fish,
Pizza or Fishcake & Chips
with Peas and Tartare
Sauce.
R06316/R06317/R07677
/ R07674

MAIN COURSE VEGETARIAN

Vegan Sausage & Mash
with Onion Gravy
R08906

No Waste Cauliflower
Cheese Pasta Bake
R10012

Cheese, Leek & Potato
Pie
R10016

Chinese Vegetable Stir-
Fry
R10014

Quorn 1/4lb'er with
Ranch Slaw, Chips and
Peas
R10043

DESSERT OF THE DAY

Apple Pie & Custard
R07617

Peach & Pineapple
Crumble
R08913

Sticky Lemon Sponge &
Custard
R07620

Baked Churros with
Chocolate Sauce
R08076

Fruit, Jelly and Yogurt
Pots
Codes from Top 3 Lines
of Bakery Menu

STREET VIBES – LUNCH ONLY

Teriyaki Chicken Wings
with Chahan Rice
R02301

Korean Fried Crispy
Chicken
R08044

Chipotle Chicken
Chimichanga
R08598

Mei Goreng Indonesian
Fried Noodles
R08833

HOT PASTA POT – BREAK & LUNCH

Tomato & Basil Pasta Pot
R06279 / R06280

Pasta in Cheese sauce
R06286/R06287

Tomato & Basil Pasta Pot
R06279 / R06280

Creamy Pesto Pasta
R08997/ R08999

Tomato & Basil Pasta Pot
R06279 / R06280

WEEK COMMENCING

20/01/2025 10/02/2025 03/03/2025 24/03/2025

BREAK & LUNCH TIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

POWER BITES

Rice n Peas
R08974BBQ French Bread Pizza
R09949Pasta Arrabbiata
R09097Sesame Vegetable Noodles
R08809Nacho Pot
R08834

SOUP

Roasted Tomato & Basil
Soup
R02634Caribbean Sweet Potato
Soup
R09065Smoky Chilli & Tomato Soup
R09066Spiced Lentil & Sweet Potato
Soup
R09982Spiced Lentil & Sweet Potato
Soup
R09982

OPEN HOT WRAP

Crispy Chicken Ranch
R10024BBQ Crispy Chicken
R10026Super Charged Chilli Quorn
Dipper
R10040Sweet Chilli Chicken
R10029BBQ Quorn Dipper
R10036

FIRM FAVOURITES

Margherita Twister and Ham
& Cheese Twister
R00104/R00102Chicken & Wedges
R07739Bacon & Cheese Bagel
R05739Southern Fried Chicken
Burger
R07744New York Deli Hot Sub
R10035/R10038

NATURALLY HOT

Fork Friendly Falafel Kebab
R09075Vegan Singapore Noodles
R05732Spiced Paneer & Red Onion
Naan
R07694Onion Bhaji Skewer with
Bombay Potatoes
R09073Garlic & Chilli Noodles
R10027

PIZZA & WINGS

Margherita Pizza,
Ham, Cheese & Tomato
Pizza
R07564/ R07565/
R01929 / R01933Southern Style Chicken
Wings
R09078/R09099Margherita Pizza,
Pepperoni, Cheese &
Tomato Pizza
R07564/ R07566/ R01929 /
R01930BBQ Chicken Wings
R01967/R07576Margherita Pizza
R07564/R01929

PANINIS

Just Cheese
R09136/R09137Ham & cheese
R08152/R09148BBQ Bean
R5652/R09157Chicken Tikka
R09144/ R09146Pizza Melt
R09067/R09068

WEEK COMMENCING

20/01/2025 10/02/2025 03/03/2025 24/03/2025

LUNCHTIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Kung Pao Chicken,
Wholegrain & White Egg
Fried Rice
R07611

Beef & Tomato Ragout
with Wholegrain Pasta
and House Salad
R08969

Roast Pork, Crackling ,
Crisp Roasties, Seasonal
Veg and Gravy
R08947

Chicken Makhani Curry
with Braised Pilau Rice
R08120

Chip Shop "Fryday" Fish,
Pizza or Fishcake & Chips
with Peas and Tartare
Sauce.
R06316/R06317/R07677
/ R07674

MAIN COURSE VEGETARIAN

Asian Vegetable, Soya
Bean & Noodle Stir Fry
R08950

Plant Based Bolognaise
with Wholegrain Pasta
and House Salad
R07261

Smashed Butternut
Squash Mac and Cheese
with Slaw & Garden Salad
R08135

Egg Plant Katsu Curry
R07266

Chickpea, Carrot &
Sesame Burger, Asian
Slaw, Chips & Peas
R10042

DESSERT OF THE DAY

Banana Pudding &
Custard
R10046

Warm Blueberry Sponge
R08923

Sticky Toffee Pudding,
Caramel Sauce
R09667

Apple & Mixed Berry
Crumble, Vanilla Sauce
R07615

Fruit, Jelly and Yogurt
Pots
Codes from Top 3 Lines
of Bakery Menu

STREET VIBES – LUNCH ONLY

Loaded Mediterranean
Street Cart Wedges
R08889

Chicken Yakatori with
Vegetable Rice
R08599/R08832

Korean Fried Crispy
Chicken
R08044/ R08107

Chinese Style Vegan
Noodles
R08058

HOT PASTA POT – BREAK & LUNCH

Tomato & Basil Pasta Pot
R06279 / R06280

Pasta in Cheese sauce
R06286/R06287

Tomato & Basil Pasta Pot
R06279 / R06280

Creamy Pesto Pasta
R08997/ R08999

Tomato & Basil Pasta Pot
R06279 / R06280