

## ADULT COMMUNITY LEARNING AND LEISURE COURSE PROGRAMME AUTUMN 2024

**BUILD YOUR CONFIDENCE, MEET NEW PEOPLE, EXERCISE YOUR MIND AND BODY**

**COURSES START WEEK COMMENCING 23rd SEPTEMBER 2024 (unless otherwise stated)**

DAY	COURSE	TIME	WEEKS	COST
<b>MON</b>	A Taste of India (Indian cookery) (starts 04/11/24)	19.00-21.00	3	£40
	Ceramics - all abilities	19.00-21.00	10	£160
	Dressmaking - all abilities	19.00-21.00	10	£130
	Grow your own fruit & Veg (Organic gardening)	19.00-21.00	8	£104
	Tap Dancing	19.00-20.00	10	£70
	Yoga Foundations (Asana, Meditation & Pranayama)	19.30-20.30	10	£70
<b>TUE</b>	Ceramics - all abilities	19.00-21.00	10	£160
	Guitar for Beginners	19.15-21.15	10	£130
	Italian Advanced Conversation	09.30-11.30	10	£140
	Italian Beginners	17.00-18.30	10	£98
	Italian Intermediate	18.30-20.00	10	£98
	Italian Advanced and Conversation	20.00-21.30	10	£98
	Watercolour with Confidence	14.30-16.30	10	£136
<b>WED</b>	Advanced Cantonese Language	17.00-18.30	10	£98
	French Conversation Advanced	10.00-12.00	10	£140
	Garden Design - Beginners/Intermediates	19.00-21.00	10	£130
	Learn Mandarin with ease!	18.30-20.00	10	£98
<b>FRI</b>	Friday Singers	09.30-11.15	10	£56

### SATURDAY WORKSHOPS—23rd November 2024

	TIME	COST
Authentic Thai Food (Thai cookery)	10.00-13.00	£29
Indian Dinner Party for Friends (Indian cookery)	10.00-16.00	£43
Seed Saving and Sowing (Organic gardening—all plants covered)	10.00-16.00	£42
Willow Christmas Decorations	09.30-12.30	£26

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