

Sawston  
Adult  
Learning

## ADULT COMMUNITY LEARNING AND LEISURE COURSE PROGRAMME AUTUMN 2023

**BUILD YOUR CONFIDENCE, MEET NEW PEOPLE, EXERCISE YOUR MIND AND BODY**

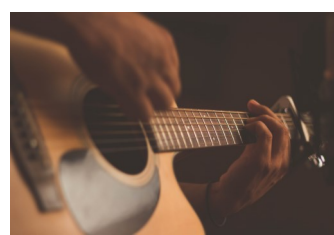
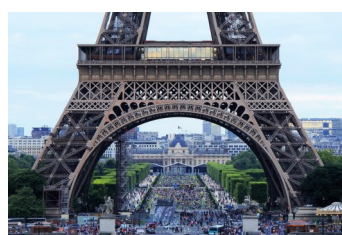
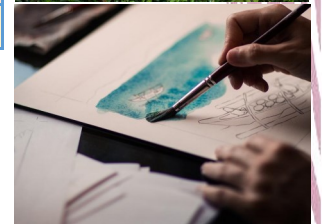
**COURSES START WEEK COMMENCING 18 SEPTEMBER 2023**

DAY	COURSE	TIME	WEEKS	COST
<b>MONDAY</b>	Ceramics - all abilities	19.00-21.00	10	£160
	Dressmaking - all abilities	19.00-21.00	10	£130
	Guitar for Beginners	19.15-21.15	10	£130
	Tai Chi Beginners	20.00-21.00	10	£70
	Tai Chi Improvers	18.30-20.00	10	£105
	Tap Dancing	19.00-20.00	10	£70
	Yoga - all abilities	19.00-20.00	10	£70
<b>TUESDAY</b>	Ceramics - all abilities	19.00-21.00	10	£160
	Indian Cookery Made Simple (starts 07/11/23)	19.00-21.00	4	£52
	Italian Advanced Conversation	09.30-11.30	10	£140
	Italian Beginners	17.00-18.30	10	£98
	Italian Intermediate	18.30-20.00	10	£98
	Italian Advanced and Conversation	20.00-21.30	10	£98
	Watercolour with Confidence	13.00-15.00	10	£136
<b>WEDNESDAY</b>	French Conversation Advanced	10.00-12.00	10	£140
	Garden Design - Beginners/Intermediates	19.00-21.00	10	£130
	Indian Dancing	19.30-20.30	2	£13
	Pilates - all abilities	19.00-20.00	10	£70
<b>FRIDAY</b>	Friday Singers	09.30-11.15	10	£56

**WisePay**  
Software Services

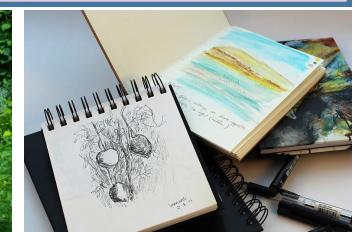
**BOOK ONLINE AT**

[www.sawstonadulthood.org](http://www.sawstonadulthood.org)



### **SATURDAY WORKSHOPS** **25 November 2023**

Indian Dinner Party for Friends, Indian Dancing, Willow Christmas Decorations, An afternoon of Sketch-booking



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