

## Sawston Adult COMMUNITY LEARNING AND LEISURE COURSE PROGRAMME SPRING 2023

## **BUILD YOUR CONFIDENCE, MEET NEW PEOPLE, EXERCISE YOUR MIND AND BODY**

## **COURSES START WEEK COMMENCING 16TH JANUARY 2023**

DAY	COURSE	TIME	WEEKS	COST
MONDAY	Ceramics - all abilities *	19.00-21.00	10	£155
	Dressmaking - all abilities	19.00-21.00	10	£130
	Guitar for Beginners	19.15-21.15	10	£130
	Sketchbook Experiments	19.00-21.00	8	£104
	Tai Chi Beginners	20.00-21.00	10	£70
	Tai Chi Improvers	18.30-20.00	10	£105
	Tap Dancing	19.00-20.00	10	£70
	Yoga - all abilities	19.00-20.00	10	£70
TUESDAY	Bollywood Dancing (Starts 24/01/2023))	19.30-20.30	2	£13
	Ceramics - all abilities *	19.00-21.00	10	£155
	Exploring Mixed Media Art (Starts 24/01/2023)	10.00-12.00	9	£123
	Italian Advanced Conversation	09.30-11.30	9	£126
	Italian Beginners	17.00-18.30	10	£98
	Italian Intermediate	18.30-20.00	10	£98
	Italian Advanced and Conversation	20.00-21.30	10	£98
	Watercolour with Confidence	13.00-15.00	10	£136
WEDNESDAY	French Conversation Advanced	10.00-12.00	10	£140
	Garden Design - Beginners/Intermediates	19.00-21.00	10	£130
	Pilates - all abilities	19.00-20.00	10	£70
THURSDAY	Table tennis for fun (Starts 26/01/2023)	19.00-21.00	9	£126
FRIDAY	Friday Singers	09.30-11.15	10	£56























## SATURDAY WORKSHOPS 11th March 2023

Bollywood Dancing (11.00-12.00) - £7

Drums for Beginners (10.00-13.00) - £21

Indian Street Food (10.00-16.00)- £42

An afternoon of Sketch-booking (12.00-16.00)- £28

Willow Plant Support Wigwams(09.30-12.30) - £26

