



WEEK 1

### Classic Favourites

MONDAY



### SOUTHERN STYLE

TUESDAY



### Great British Roast

WEDNESDAY



### KURRY

THURSDAY



### Fish & Chips

FRIDAY



MAIN MEAL

**BEEF LASAGNE**  
Salad, Garlic Bread

**SWEET & SOUR CHICKEN**  
Rice

**ROAST PORK**  
Stuffing, Yorkshire Pudding,  
Seasonal Vegetables, Gravy

**BEEF ROGAN JOSH**  
50/50 Rice, Poppadums

**BATTERED FISH/  
SALMON FISHCAKES**  
Chips

VEGETARIAN MEAL

**VEGETABLE LASAGNE**  
Salad, Garlic Bread

**SPRING ROLL**  
Rice, Sweet N Sour Sauce

**MACARONI CHEESE**  
Mixed Salad or Seasonal  
Vegetables

**CAULIFLOWER &  
LENTIL DAHL**  
50/50 Rice, Poppadums

**VEGAN FISH  
FINGER BAP**

VEGETABLE

**GARDEN SALAD,  
PEAS**

**BLACKENED CORN  
COBETTES**

**ROASTED ROOT VEG  
WITH CABBAGE**

**SAAG ALOO**

**PEAS,  
GARDEN SALAD**

PASTA POTS

**PESTO PASTA**

**CARBONARA**

**ARRABIATA**

**QUORN BOLOGNAISE**

**FLORENTINE**

**TOMATO & BASIL**

JACKET POTATO

**TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS**

DESSERT

**BERRY & APPLE  
CRUMBLE**  
Custard

**CHOCOLATE  
SPONGE**  
Custard

**LEMON SPONGE**  
Custard

**TOFFEE APPLE  
TURNOVER**  
Toffee Sauce

**WARM  
BROWNIE**  
Ice Cream

FRUIT

**WATERMELON WEDGE**

**PINEAPPLE POT**

**APPLE & GRAPE BAG**

**FRESH FRUIT SALAD**

**GRAPE POT**

YOGHURT POTS

**GREEK STYLE  
HONEY**

**LEMON**

**STRAWBERRY**

**MANGO**

**PASSION FRUIT**

TRY OUR HOME-MADE  
**SOUP**  
WITH FRESHLY BAKED BREAD

LOOK OUT FOR  
AMAZING BLUE DOT  
MEAL DEALS

**PIZZAS, WRAPS & PANINIS**  
FRESH OPTIONS  
EVERY DAY

**TAKE HOME A  
TAKEAWAY**  
Collect Before You Go Home

**LUNCH MEAL DEAL**  
Check out what's on  
offer today!  
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WATCH OUT FOR OUR  
**POP UP  
& STREET FOOD  
PROMOTIONS**

All of Our Deli Range,  
Sandwiches, Salads  
& Desserts are  
**FRESHLY MADE  
HERE DAILY**



WEEK 2

### Classic Favourites

MONDAY



### SOUTHERN STYLE

TUESDAY



### Great British Roast

WEDNESDAY



### KURRY

THURSDAY



### Fish & Chips

FRIDAY



MAIN MEAL

**TRADITIONAL PORK SAUSAGE & MASH**  
Onion Gravy

**CHILLI CON CARNE**  
Nachos, Rice, Sour Cream, Salsa

**ROAST GAMMON**  
Stuffing, Yorkshire Pudding, Gravy

**CHICKEN MASALA**  
50/50 Rice, Poppadums

**BATTERED FISH/ SALMON FISHCAKES**  
Chips

VEGETARIAN MEAL

**VEGAN SAUSAGE & MASH**  
Onion Gravy

**MIXED BEAN CHILLI CON CARNE**  
Nachos, Rice, Sour Cream, Salsa

**ROASTED VEG & FETA TART**  
Stuffing, Yorkshire Pudding, Gravy

**CHICKPEA, SQUASH & SPINACH CURRY**  
50/50 Rice, Poppadums

**PIZZA WRAP**  
Chips

VEGETABLE

**CARROTS, PEAS, GARDEN SALAD**

**SWEETCORN**

**ROASTED ROOT VEG WITH CABBAGE**

**CUMIN STIR FRIED GREENS**

**GARDEN PEAS**

PASTA POTS

**TOMATO & BASIL**

**PESTO PASTA**

**CARBONARA**

**ARRABIATA**

**QUORN BOLOGNAISE**

**FLORENTINE**

JACKET POTATO

**TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS**

DESSERT

**JAM SPONGE**  
Custard

**APPLE & CINNAMON CRUMBLE**  
Custard

**APPLE & BLACKBERRY CRUMBLE**  
Custard

**WAFFLES**  
Fruit Compote

**SYRUP SPONGE**  
Custard

FRUIT

**WATERMELON WEDGE**

**PINEAPPLE & POMEGRANATE**

**FRESH FRUIT SALAD**

**PINEAPPLE POT**

**ORANGE WEDGES**

YOGHURT POTS

**GREEK STYLE HONEY**

**LEMON**

**STRAWBERRY**

**MANGO**

**PASSION FRUIT**

TRY OUR HOME-MADE **SOUP**  
WITH FRESHLY BAKED BREAD

LOOK OUT FOR **AMAZING BLUE DOT MEAL DEALS**

**PIZZAS, WRAPS & PANINIS**  
FRESH OPTIONS EVERY DAY

**TAKE HOME A TAKEAWAY**  
Collect Before You Go Home

**LUNCH MEAL DEAL**  
Check out what's on offer today!  
Ψ Ψ Ψ Ψ Ψ Ψ

WATCH OUT FOR OUR **POP UP & STREET FOOD PROMOTIONS**

All of Our Deli Range, Sandwiches, Salads & Desserts are **FRESHLY MADE HERE DAILY**



WEEK 3

**Classic Favourites**  
MONDAY



**SOUTHERN STYLE**  
TUESDAY



**Great British Roast**  
WEDNESDAY



**CUURRY**  
THURSDAY



**Fish & Chips**  
FRIDAY



MAIN MEAL

**CLASSIC BEEF BOLOGNAISE**  
50/50 Pasta

**FERNANDO'S CHICKEN IN A BUN**  
Wedges, Coleslaw

**ROAST TURKEY**  
Stuffing, Yorkshire Pudding, Gravy

**CHICKEN KORMA**  
50/50 Rice, Poppadums

**BATTERED FISH/ SALMON FISHCAKES**  
Chips

VEGETARIAN MEAL

**ROASTED PEPPER & QUORN MOUSSAKA**  
Mixed Salad

**'V' BURGER**  
Wedges, Coleslaw

**MATURE CHEDDAR & BROCCOLI TART**  
Mixed Salad

**VEGETABLE BALTI**  
50/50 Rice, Poppadums

**BEAN BURGER**  
Chips

VEGETABLE

**BROCCOLI**

**BBQ BEANS, GREENS N GRAINS**

**ROASTED ROOTS VEG WITH CABBAGE**

**CUCUMBER & ONION SALAD**

**GARDEN PEAS**

PASTA POTS

**TOMATO & BASIL**

**PESTO PASTA**

**CARBONARA**

**ARRABIATA**

**QUORN BOLOGNAISE**

**FLORENTINE**

JACKET POTATO

**TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS**

DESSERT

**APPLE & BERRY PIE**  
Ice Cream

**WARM BROWNIE**  
Ice Cream

**JAM SPONGE**  
Custard

**SPICED APPLE SPONGE**  
Custard

**BREAD & BUTTER PUDDING**  
Custard

FRUIT

**WATERMELON WEDGE**

**GRAPE POT**

**FRESH FRUIT SALAD**

**PINEAPPLE POT**

**ORANGE WEDGES**

YOGHURT POTS

**GREEK STYLE HONEY**

**LEMON**

**STRAWBERRY**

**MANGO**

**PASSION FRUIT**

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