

Sawston
Adult
Learning

ADULT COMMUNITY LEARNING AND LEISURE COURSE PROGRAMME 2022-2023

BUILD YOUR CONFIDENCE, MEET NEW PEOPLE, EXERCISE YOUR MIND AND BODY

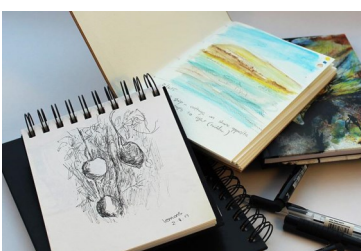
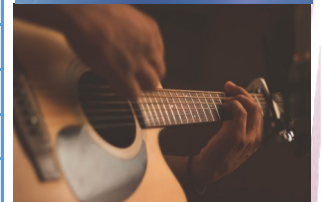
COURSES START WEEK COMMENCING 19 SEPTEMBER 2022

DAY	COURSE	TIME	WEEKS	COST
MONDAY	Ceramics - all abilities *	19.00-21.00	10	£155
	Dressmaking - all abilities	19.00-21.00	10	£130
	Guitar for Beginners	19.15-21.15	10	£130
	Sketchbook Experiments	19.00-21.00	8	£104
	Tai Chi Beginners	20.00-21.00	10	£70
	Tai Chi Improvers	18.30-20.00	10	£105
	Tap Dancing	19.00-20.00	10	£70
	Yoga - all abilities	19.00-20.00	10	£70
	TUESDAY	Bollywood Dancing (Starts 13/09/22)	19.30-20.30	2
Ceramics - all abilities *		19.00-21.00	10	£155
Exploring Mixed Media Drawing		10.00-12.00	10	£136
Indian Cookery Made Simple		19.00-21.00	5	£65
Italian Advanced Conversation		09.30-11.30	10	£140
Italian Beginners		17.00-18.30	10	£98
Italian Intermediate		18.30-20.00	10	£98
Italian Advanced and Conversation		20.00-21.30	10	£98
Watercolour with Confidence		13.00-15.00	10	£136
WEDNESDAY		French Conversation Advanced	10.00-12.00	10
	Garden Design - Beginners/Intermediates	19.00-21.00	10	£130
	Pilates - all abilities	19.00-20.00	10	£70
THURSDAY	Table tennis for fun	19.00-21.00	10	£140
FRIDAY	Friday Singers	09.30-11.15	10	£56

WisePay
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BOOK ONLINE AT

www.sawstonadulthood.org



SATURDAY WORKSHOPS 26 November 2022

Bollywood Dancing
Drums for Beginners
Indian Feast for Friends
An afternoon of Sketch-booking
Willow Christmas Decorations



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