Year 10 – BTEC HEALTH & SOCIAL CARE Programme of Study

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Introduction to the course content and basic terms. Course structure Definitions of health and social care Direct and indirect care services Qualities of a good carer. Topic 2 – Human development Preparation for the first BTEC assignment. Pupils build an understanding of human development throughout the life stages. Life stages Physical development throughout the life stages Intellectual development throughout the life stages Intellectual development throughout the life stages Emotional development throughout the life stages Social development throughout the life stages Social development throughout the life stages ASSESSMENT: Test on life stages and development definitions and life stages	BTEC Assessed Assignment 1 - Human development: Task 1 Pupils complete task 1 of their first assessed assignment for the BTEC qualification: • describe the physical, intellectual, emotional and social development of an individual over three life stages.	Topic 3 – Factors that can affect human development Examination of the factors that can affect the development of an individual Physical factors such as, genetic inheritance, experience of illness, lifestyle choices and appearance Social factors such as relationships, Culture, religion, social isolation, role models and educational experiences. Economic factors such as income, wealth and material possessions. BTEC Assessed Assignment 1 - Human development: Task 2 Pupils are to complete task 2 of their first assessed assignment: explain how various factors have influenced the development of an individual over three life stages. Topic 4 Life events Examination of how life events affect the development of individuals: Physical events – accidents/ injury, Ill health Relationship changes – marriage, divorce, parenthood and bereavement Life circumstances – moving, exclusions from school, imprisonment, retirement. Coping with change – sources and types of support.	BTEC Assessed Assignment 2 - Life events Comparison of the way in which two people coped when facing the same life event:	BTEC Assessed Assignment 2 - Life events continued. Topic 3 - Care values Develop an understanding of the care values and how they are put into practice everyday by care professionals. • Maintaining confidentiality • Empowering • Showing respect for the individual • Effective communication • Safeguarding and duty of care • Promoting anti discriminatory practice. • Preserving dignity	Sawston