

Year 11 – BTEC HEALTH & SOCIAL CARE Programme of Study

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p><u>Topic 4 – Care services and the barriers to accessing them.</u></p> <p>Gaining an appreciation of the range of Health and Social Care services available.</p> <p>Understanding why some people may find it difficult to make use of the services and how these barriers can be overcome:</p> <ul style="list-style-type: none"> • Types of health care – primary, secondary, tertiary care • Social care services available for different groups of people- elderly, children and young people, people with specific needs. • Barriers to accessing services • Overcoming the barriers. <p>BTEC Assessed Assignment 4 – Care Services:</p> <ul style="list-style-type: none"> • Explanation of how health care services can meet the needs of an individual in a case study. • Consideration of the barriers the individual may face when accessing the services and suggest ways in which these can be overcome. 	<p><u>BTEC Assessed Assignment 4 – Care Services Continued.</u></p>	<p><u>Topic 5 – Factors affecting Health and well being</u></p> <p>Developing an understanding of the factors that affect health and well being:</p> <ul style="list-style-type: none"> • Physical and lifestyle factors • Social and cultural factors • Economic factors • Environmental factors • Life events <p><u>Topic 6 - Interpreting physiological and lifestyle indicators of health and well being</u></p> <p>Teaching pupils how to make a basic interpretation of indicators of health:</p> <ul style="list-style-type: none"> • Pulse • Blood pressure • Body mass index • Peak flow • Smoking • Alcohol consumption • Activity levels 	<p><u>Topic 7 - Health and well being improvement plans</u></p> <p>Developing an understanding of the features of a health improvement plan as well as an appreciation of some of the obstacles which individuals can face when trying to implement changes to their life style:</p> <ul style="list-style-type: none"> • Recommended actions • Short and long term targets • Potential obstacles'. 		