

MONDAY      Cumberland Sausages  
                  Vegetable Biryani Grill

                  Mashed Potato  
                  Selection of Vegetables

                  Baked Syrup Sponge with Custard Sauce or Fresh Fruit Salad

TUESDAY     Chicken Korma  
                  Three Bean Chilli

                  Plain Boiled White & Brown Rice

                  Rhubarb Crumble served with Custard or Fresh Fruit Salad

WEDNESDAY  Lamb London Roast with Gravy  
                  Loaded Roasted Vegetable Ciabatta

                  Roasted Potatoes  
                  Selection of Vegetables

                  Rice Pudding with Jam Sauce or Fresh Fruit Salad

THURSDAY    Cottage Pie  
                  Quorn Tikka Masala

                  Savoury Rice  
                  Selection of Vegetables

                  Baked Jam Roly Poly served with Custard or Fresh Fruit Salad

FRIDAY        Breaded Haddock  
                  Cheese & Tomato Omelette

                  Seasonal Potatoes  
                  Selection of Vegetables

                  Blackberry & Apple Crumble with Custard or Fresh Fruit Salad

**Daily            A selection of Baked Jacket Potatoes, Hand Held Snacks, Salads, Pasta, Sandwiches, Baguettes, Drinks and Fresh Fruit will be available throughout our daily services**

**Promotions    British Foods in Focus, Spice it up month  
                  Halloween, St Andrew's Day, Festive Delights**

- MONDAY Spaghetti Bolognese  
Mediterranean Vegetable Spaghetti in Cheese Sauce
- Garlic Bread  
Whole Baby Corn
- Chocolate Sponge with Chocolate Custard or Fresh Fruit Salad
- TUESDAY Roast Turkey with Gravy  
Freshly Made Quiche
- Roast Potatoes  
Selection of Vegetables
- Apple Crumble served with Custard or Fresh Fruit Salad
- WEDNESDAY Chicken Madras  
Moroccan Vegetable & Chickpea Tagine
- Braised Coriander Rice  
Green Salad
- Citrus Sponge with Lemon Sauce or Fresh Fruit Salad
- THURSDAY Beef Stew & Dumplings  
Southern Style Quorn Dippers
- Baby Boiled Potatoes  
Selection of Vegetables
- Pineapple Upside Down Cake served with Custard or Fresh Fruit Salad
- FRIDAY Battered Hoki  
Sweet Potato & Lentil Curry
- Seasonal Potatoes  
Long Grain White & Brown Rice  
Selection of Vegetables
- Chocolate Fudge Brownie or Fresh Fruit Salad
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MONDAY      Lemon Chicken  
                 Quorn Lasagne

                 New Potatoes  
                 Selection of Vegetables

                 Marble Sponge served with Chocolate Custard or Fresh Fruit Salad

TUESDAY    Sausage & Bacon Casserole  
                 Vegetarian Chimichangas with Sweet Chilli Sauce

                 Mashed Potatoes  
                 Selection of vegetables

                 Apple Cinnamon Pie served with Custard or Fresh Fruit Salad

WEDNESDAY Lamb Rogan Josh  
                 Spicy Bean Burger

                 Fragrant Rice  
                 New Potatoes  
                 Green Salad

                 Banoffi Crumble served with Custard or Fresh Fruit Salad

THURSDAY   Honey Roast Gammon  
                 Macaroni Cheese

                 Roasted Potatoes  
                 Selection of Vegetables

                 Jam & Coconut Sponge served with Custard or Fresh Fruit Salad

FRIDAY        Breaded Haddock  
                 Oriental Vegetables in Black Bean Sauce

                 Seasonal Potatoes  
                 Mushy Peas, Economy Peas or Baked Beans.

                 Sticky Apple Chocolate Cake or Fresh Fruit Salad

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**Promotions    British Foods in Focus, Spice it up month  
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- MONDAY Traditional Lasagne  
Vegetable Chow Mein
- Garlic Bread  
Coleslaw
- Peach Crumble served with Custard or Fresh Fruit Salad
- TUESDAY Lamb Cobbler  
Quorn & Lentil Thai Red Curry
- Roast Potatoes or Long Grain White and Brown Rice  
Creamed Carrot & Swede
- Cherry Crumble with Custard or Fresh Fruit Salad
- WEDNESDAY Beef & Oriental Vegetable with Black Bean Sauce  
Tuna Fajita Wrap  
BBQ Quorn Sausages
- Noodles or Baby Boiled Potatoes  
Oriental Vegetables Stir Fry or Sweetcorn Kernals or Green Salad
- Chocolate Crunch served with Chocolate Custard or Fresh Fruit Salad
- THURSDAY Minced Beef & Onion Pie  
Freshly made Quiche
- Creamed Potatoes  
Roasted Root Vegetables
- Baked Fruit Sponge served with Custard or Fresh Fruit Salad
- FRIDAY Battered Hoki  
Vegetable Nuggets with Salsa Dip
- Seasonal Potatoes  
Mushy Peas, Garden Peas or Baked Beans
- Toffee Fudge Sponge served with Custard or Fresh Fruit Salad
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